



MIND BODY SPIRIT INSTITUTE
College of Education and Human Development

THE MIND, BODY, & SPIRIT INSTITUTE

PRESENTS

LINDA LANTIERI

on

“Building Emotional Intelligence:

Cultivating Inner Resilience”

MARCH 24 AND 25, 2010

(Retreat to Follow Workshop)

The newly created *Mind, Body & Spirit Institute* is pleased to announce a 2-day series of focused workshops at Radford University. The workshop audience is teachers, school counselors, counselors, and other helping professionals who work with children and adolescents. The featured presenter will be Linda Lantieri, a Fulbright Scholar, keynote speaker, and internationally known expert in social and emotional learning (SEL) and conflict resolution. Linda Lantieri serves as Director of *The Inner Resilience Program* and is co-founder of the *Resolving Conflict Creatively Program* (RCCP). RCCP is an evidenced based social-emotional learning curriculum that has been implemented in 15 school districts in the US. Linda is one of

the founding board members, along with Daniel Goleman, of the *Collaborative for Academic, Social, and Emotional Learning* (CASEL.org).

Linda has 40 years of experience in education as a former teacher, assistant principal, director of an alternative middle school in East Harlem, and faculty member of the Department of Curriculum and Teaching at Hunter College in New York City. She has been a consultant to the New York City Public Schools where she trained the first Crisis Response Teams in 1988. Following 9/11 Linda worked directly with the New York City administrators, teachers, counselors, and staff from the 12 public schools in the Ground Zero surrounding area. She is a Board Certified Expert in Traumatic Stress from the American Academy of Experts in Traumatic Stress.

The Institute will feature a series of targeted workshops: “*Schools with Spirit: Nurturing the Inner Lives of Children and Teachers through SEL*”; “*Mindfulness and Self-Care: Nurturing the Inner Lives of Clients and Counselors through SEL*”; “*Applications of Emotional Intelligence in Schools and Communities*” and an evening Scholarly Lecture - “*Educating the Heart: The Concepts and Skills of Emotional Intelligence and SEL.*” There are no costs for attending any of the workshops or lecture. CEU’s will be available for counselors, teachers and social workers.

An agenda describing each of the workshops with the date and times can be found on the College of Education and Human Development website (<https://eduweb.education.radford.edu/>). For specific information about the retreat following the Institute workshops, contact Dr. Alan Forrest at forrest@radford.edu.

For additional information, please contact Ms. Kathy Murphy at 540-831-6374 (kmurphy@radford.edu).